

TEST	SCORE	CLASS
<b>MEAT &amp; POULTRY</b>		
Beef	0.162	0
Chicken	0.149	0
Lamb	0.144	0
Pork	0.184	0
Turkey	0.152	0

<b>FISH &amp; SHELLFISH</b>		
Clam	0.181	0
Codfish	0.169	0
Crab	0.194	0
Haddock	0.185	0
Lobster	0.149	0
Salmon	0.165	0
Scallop	0.149	0
Shrimp	0.151	0
Sole	0.188	0
Swordfish	0.250	1
Tuna	0.244	1

<b>DAIRY &amp; EGG</b>		
Cheddar Cheese	0.196	0
Cottage Cheese	0.184	0
Egg, White	0.192	0
Egg, Yolk	0.181	0
Milk, Cow's	0.199	0
Mozzarella Cheese	0.186	0
Yogurt	0.182	0

<b>BEVERAGES &amp; MISC</b>		
Black Tea	0.171	0
Cocoa	0.155	0
Coffee	0.173	0
Honey	0.192	0

TEST	SCORE	CLASS
<b>VEGETABLES</b>		
Asparagus	0.173	0
Bell Pepper	0.193	0
Broccoli	0.153	0
Cabbage	0.148	0
Carrot	0.162	0
Cauliflower	0.146	0
Celery	0.150	0
Cucumber	0.155	0
Eggplant	0.156	0
Garlic	0.177	0
Green Bean	0.190	0
Kale	0.159	0
Kelp	0.165	0
Lettuce	0.159	0

Patient: [REDACTED]  
 You Tested Positive to These Foods

Apple  
Malt  
Tuna

Bran  
Rye  
Walnut

Chia seed  
Safflower  
Wheat

Dill  
Sesame

G  
S

Green Pea	0.156	0
Lima Bean	0.169	0
Peanut	0.142	0
Soybean	0.163	0

<b>NUTS, SEEDS &amp; OILS</b>		
Almond	0.161	0
Cashew	0.191	0
Chia Seed	0.254	1

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Beef	0.162	0
Chicken	0.149	0
Lamb	0.144	0
Pork	0.184	0
Turkey	0.152	0

<b>FISH &amp; SHELLFISH</b>		
Clam	0.181	0
Codfish	0.169	0
Crab	0.194	0
Haddock	0.185	0
Lobster	0.149	0
Salmon	0.165	0
Scallop	0.149	0
Shrimp	0.151	0
Sole	0.188	0
Swordfish	0.250	1
Tuna	0.244	1

<b>DAIRY &amp; EGG</b>		
Cheddar Cheese	0.196	0
Cottage Cheese	0.184	0
Egg, White	0.192	0
Egg, Yolk	0.181	0
Milk, Cow's	0.199	0
Mozzarella Cheese	0.186	0
Yogurt	0.182	0

<b>BEVERAGES &amp; MISC</b>		
Black Tea	0.171	0
Cocoa	0.155	0
Coffee	0.173	0
Honey	0.192	0
Yeast, Baker's	0.179	0
Yeast, Brewer's	0.183	0

TEST	SCORE	CLASS
<b>VEGETABLES</b>		
Asparagus	0.173	0
Bell Pepper	0.193	0
Broccoli	0.153	0
Cabbage	0.148	0
Carrot	0.162	0
Cauliflower	0.146	0
Celery	0.150	0
Cucumber	0.155	0
Eggplant	0.156	0
Garlic	0.177	0
Green Bean	0.190	0
Kale	0.159	0
Kelp	0.165	0
Lettuces	0.158	0

TEST
FRUITS
Apple
Avocado
Banana
Blueberry
Cantaloupe
Coconut
Grape
Grapefruit
Lemon
Orange
Peach
Pear
Pineapple

Patient: [REDACTED]  
 You Tested Positive to These Foods

Apple  
 Malt  
 Tuna

Bran  
 Rye  
 Walnut

Chia seed  
 Safflower  
 Wheat

Dill  
 Sesame

Gluten  
 Swordfish

Green Pea	0.156	0
Lima Bean	0.169	0
Peanut	0.142	0
Soybean	0.163	0

<b>NUTS, SEEDS &amp; OILS</b>		
Almond	0.161	0
Cashew	0.191	0
Chia Seed	0.254	1 *
Cola	0.188	0
Safflower	0.200	1 *
Sesame	0.262	1 *
Sunflower Seed	0.165	0

Rice
Rye
Wheat

<b>HERBS, S</b>	
Basil	
Bay Leaf	
Black Pep	
Cinnamon	
Dill	
Ginger	
Mustard	

